



Refresher First Aid at Work Certificate

(2 day Programme)

Target Audience & Prerequisites

All first aiders are required to renew their qualification every three years. The course is suitable for currently qualified first aiders wishing to maintain their certification. Participants must hold a current certificate at the start of the course.

Course Outline

The provision of first aiders at work is stipulated by The Health and Safety (First Aid) Regulations. The contents of the course comply with Health and Safety Executive (HSE) requirements and The Textile Centre is an HSE approved centre for this course.

Programme covers the following areas:

- General revision of basic first aid functions and method
- New methods, new legislation relating to first aid
- Resuscitation and management of the unconscious patient, resuscitation equipment.
- Control of bleeding, personal hygiene in dealing with wounds
- Treatment of fractures, bandaging and immobilisation of injured parts
- Major emergencies
- Videos
- Question and answer session
- Record Keeping

Accreditation & Reward

Following successful completion, you will be awarded a certificate approved by the HSE and issued by the Textile Centre of Excellence. You will also receive a first aid pack comprising a resuscitation shield, gloves and up to date course book.

Course Delivery: Delivered and examined by qualified First Aid tutors

Venue: Textile Centre of Excellence or at client site (details available on request)

Duration: 2 days

Cost: £110.50 + VAT for members

£130.00 + VAT for non-members

Contact: Sian Patrick or a member of the Commercial Services Team



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