

## Full First Aid at Work Certificate (4 day Programme)

### Target Audience & Prerequisites

The course is suitable for anyone wishing to become a qualified first aider at work.

### Course Outline

The provision of first aiders at work is stipulated by The Health and Safety (First Aid) Regulations. The contents of the course comply with Health and Safety Executive requirements and the Textile Centre is an HSE approved centre for this course.

### By the end of the course you will have covered the following areas:

- Resuscitation
- Control of bleeding
- Treatment of shock
- Treatment of unconscious patient
- Dressing and immobilisation of injured parts
- Contents of first-aid boxes and their use
- Transport of sick and injured patients
- Treatment of injuries
- Treatment of burns or scalds
- Simple record keeping
- Poisons and substances capable of causing poisoning
- Personal hygiene in dealing with wounds
- Communication and delegation in an emergency

### Accreditation & Reward

Following successful completion of this accredited programme, you will be awarded a certificate approved by the HSE and issued by Textile Centre of Excellence. You will also receive a first aid pack containing a resuscitation shield, gloves and a course book.

<b>Course Delivery:</b>	The course is delivered and examined by qualified tutors
<b>Duration:</b>	4 days
<b>Venue:</b>	Textile Centre of Excellence or at client site (available on request)
<b>Cost:</b>	£161.50 + VAT for members £190.00 + VAT for non-members
<b>Contact:</b>	Sian Patrick or a member of the Commercial Services Team

**FOFA+O**  
Federation Of First Aid Training Organisations

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