



## Fork Lift Truck Training for Experienced Operators

(RTITB Accredited Programme)

### Target Audience & Prerequisites

This course is for delegates who have experience of driving a fork lift truck. It caters for operators on Counterbalance, Reach, Flexi/Bendi trucks, Pallet truck and Sideloader. Training is covered in 2 parts with a theory and practical.

### Course Outline

The theory aspect of the programme is delivered in accordance with Approved Code of Practice L117 Health & Safety at Work Act and includes:

- The law and your responsibilities
- Truck familiarisation
- Inspection, care and maintenance
- Safety and stability
- Principles of lifting
- Loading and unloading

The practical aspect of the training programme includes:

- Introduction to truck controls & instruments
- Pre- start inspection and battery charging
- Starting, moving and stopping
- Steering and manoeuvring
- Hydraulic system
- Stacking and de-stacking of loads
- Driving practice

### Accreditation & Reward

Following successful completion, candidates will be awarded a certificate of accreditation approved by the Road Transport Industry Training Board (RTITB) and issued by Textile Centre of Excellence accompanied by your official Fork Lift Truck Driving Licence.

- Dates:** Available on request. Contact the Centre for details
- Venue:** Textile Centre of Excellence and on client premises (details available on request)
- Duration:** ½ day theory plus 1½ days per operator for practical training
- Cost:** £140 + VAT for members  
£170 + VAT for non-members
- Contact the Centre for pricing additional learners (discounts apply)
- Contact:** Sian Patrick or a member of the Commercial Services Team



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